**FEBRUARY 2024** 

NIA/NM'S RESOURCE CENTER FOR VICTIMS OF VIOLENT DEATH

SUN	MON	TUES	WED	THUR	FRI	SAT
				1	2	3
4	5	6	7 1 <sup>st</sup> Wed Group 6pm	8	9	10 Lunch and Learn 1pm
11	12	13	14 Heart Day	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

FEBRUARY IS THE MONTH OF LOVE -IT IS ALSO NATIONAL HEART HEATH MONTH. REMEMBER TO LOVE OTHERS AND ALSO TAKE CARE OF YOUR OWN HEART - BROKEN AS IT MAY BE. February flowers are violets and primrose - both flowers are all about love: Violets are a symbol of love, loyalty, and devotion, while primroses symbolize young love, new beginnings, and the coming of spring.

**REMEMBER GROUPS & KNOW THAT** - We are here for your on-going support - in-person, by phone, in support group meetings, and for one-on-one meeting times for indviduals or families.

Pat & Aussy & Kristen at The Atrium Building 10701 Lomas NE, Suite 118, 87112

## 505-243 -2222

## REMEMBERING FEBRUAY LOVED ONES:

Joshua Foster, Brenda Martinez, Andres Loera Ramirez, David Parsons, Michael Urioste, Tubaya Perez, Joe S. Romero, David Atencio, Jacob Cormier, Kerry Houlihan, Starr Olsen, Nicole Adams, Marcus Merritt, Alex Madrid, Lee Ann Martinez, Raul Adrian Martinez , Elias Otero, Alex Madrid.



If we have missed your loved one's remembrance, please let us know.