THE IMPACT OF A VIOLENT DEATH

Death with our stepping stones olent ivailability, Information, Advocacy, Referral, Education, and Grief Suppor **Bridges** for Victims of **NIANM Resource Center**

505-243-2222

We are here to help you and we can help you help others.

The impact of a violent death is immediate, personal, long-term, and forever. The finality makes this unique and so very difficult to comprehend.

WITHOUT WARNING - WITHOUT PREPARATION and IMMEDIATELY....

- You DISCOVER / or are NOTIFIED of the VIOLENT DEATH of a family member or loved one.
- You go into IMMEDIATE SHOCK with stress, and perhaps fear.
- **O** Your ROLE and your RESPONSIBILITIES change.
- O LAW ENFORCEMENT enters your life / possibly the media enters too.
- You or someone close must make IDENTIFICATION OF THE VICTIM (or identification is not possible or is unclear – leaving doubts that never go away).
- **O** You must make NOTIFICATIONS of family / work / school / etc.
- **O** There are IMMEDIATE FINANCIAL ISSUES: change of or lack of income and new and unexpected costs - safety, vehicle, housing, burial, funeral, medical, etc.
- **O** GRIEF SETS IN the shock has protected your mind and now all the tasks you had to are done and you have the time to grieve.
- You return to work / school or find a job & and you must CONTINUE CARING FOR OTHERS – but who is caring for you?
- An ARREST IS MADE this can good and / or bad. OR, NO SUSPECTS can be identified, and no arrests can be made.
- Holidays, birthdays, anniversary dates RENEW the LOSS AND GRIEF.
- **O PROLONGED INVOLVEMENT with LE / DA / Media / Court (a trial** may not occur for 2 years) and the question: will there be JUSTICE or NOT?
- The grief and loss are ONGOING; and there are the SECONDARY LOSSES (financial and life changes, divorce, suicide, and stigma)

That loved ones and families return to their work, schools, communities, and life is a tribute to them.