

NIA/NM's Resource Center for Victims of Violent Death

We serve those dealing in the aftermath of violent death - families & loved ones, friends, neighbors, co-workers, as well as the community/ city/ state - as a BRIDGE across the gaps in victim services with availability, information, advocacy, referral, and education, and grief support services.

WHAT'S NEW!



Lunch & Learning - 2nd Tuesday of each month. Call for topic info and RSVP - 243-2222

LET'S TRY SOMETHING FUN - Guess the date in February



for **National Umbrella Day**

Send in your guess by e-mail, phone, or note. The first four entries with the right date will win a \$20.00 gift card (donated to us) to be used to do something special for **YOURSELF**

It's **FEBRUARY 2017** - please take care of **YOURSELF** in this month of caring. **YOU** are the only **YOU** there is and **YOU** are important.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13 Martin Luther King Day	14 Lunch & Learning - Noon - 1:30ish	15	16	17	18
19	20	21	22 Los Lunas Support Group	23	24	25
26	27	28	Call for info about groups / home visits / family services			

Remembering those lost in February: Michael Herrera (born 1965) / Alex Madrid / Robert Pacheco / Starr Olsen / Carl Garcia **and lost loved ones with February birthdays:** Nicole Adams / Tami Cessna / David Atencio
Please let us know if we have omitted your loved one – we are sad that we missed Myisha Garcia in January

Coming soon: Joan Shirley's *Victim to Victim* letter – Joan will talk about the importance of **SELF CARE** – You can't help others unless you take care of yourself. And, **A is for ADVOCACY** – our advocate Aussy Levi will be giving you the **A-Z** of resources and services available for you.



CALL with questions or to get a telephone hug! Pat, Joan, & Aussy **505-243-2222**