



NIA / NM's Resource Center for Victims of Violent Death

We serve those dealing in the aftermath of violent death - families & loved ones, friends, neighbors, co-workers, as well as the community / city / state - as a BRIDGE across the gaps in victim services with availability, information, advocacy, referral, education, and grief support services.

1st Wednesday Group –11/7/18 at 6:00 pm – fellow survivors, food, and your topic of the evening.



Our 6th year Snowflake Memorial will be on **Wednesday evening 12/19**. Look for your invitation soon. This year the candle-lighting ceremony will start the evening – then we will do a time of “sweet” get-together.



NOVEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	5	7 1 st Wed Group	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22 Thanks for memories	23	24
25	26	27	28 LL Group Special event evening	29	30	

Remembering November loved ones: Nicole Adams, Carey Cudlip, Angel “Santana” Martinez, Jerry “JJ” Trejo, Samantha Sandoval Lucero, Mary Sandoval Sanchez, Aaron Roybal, Isaiah Sanchez, Nicole Leon-Ortiz. *Please let us know if we have omitted your loved one.*

A note of support and caring: The holidays can bring about a wide range of emotions. You might feel joy, guilt, and sadness all within a few minutes. Allow yourself to feel those emotions without judging yourself or thinking you should be happy or you shouldn't be smiling. Create a special way to memorialize the person you've lost. Whether you decide to light a candle every night or eat your loved one's favorite food, honoring your loved one can serve as a tangible reminder that although your loved one may be gone, the love never dies. Don't be afraid to create new traditions this year too – keeping old memories while you make new ones.

FYI - The Grief Resource Center is offering grief support for the holidays - www.griefnm.org

We are here - Pat, Joan, Aussy, & Keith  505-243-2222

Watch for your “snowflake” mail. For those who can't join us, your loved one will be honored and their name spoken as we light a candle for them.